

AZIONE DI PROGETTO:
ACCOMPAGNAMENTO

PROGETTO "SIAMO TUTTI NOI"

PROGETTO SOSTENUTO CON I FONDI 8PER1000
CHIESA VALDESE

FREE HEALTHCARE AND
GUIDANCE - CITY OF MILAN

POPULAR MEDICAL CLINIC

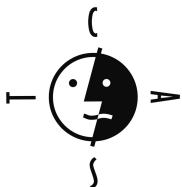
Via dei transiti, 28 subway Pasteur

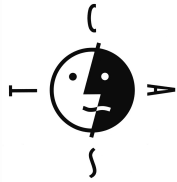
MONDAY 15.30 - 18.00 BY APPOINTMENT ONLY

SATURDAY 11.00 - 13.00 FREE ACCESS

FOR INFO COME AND VISIT US OR WRITE TO US

AMBULATORIO.POPOLARE@INVENTATI.ORG





OPERA SAN FRANCESCO
Via Antonello da Messina
subway Gamba



MEDICINE CLINIC

from monday to friday: 8.00 – 16.00

PSYCHOLOGY AND PSYCHIATRY

from monday to friday: 9.00 – 16.00

MEDICINES DISTRIBUTION COUNTER

from monday to friday: 9.00 – 12.00+14.30 – 16.00

DENTISTRY

from monday to friday.

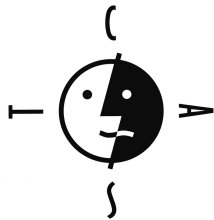
Mornign from 7.30AM free access

Afternoon only by appointment

TEL. 02-20234300

EMAIL:

AMBULATORIO@OPERASANFRANCESCO.IT



N A G A
Via Zamenhof 7/A
subway Romolo



PSYCHIATRIC, ORTHOPEDIC AND NEUROLOGICAL
VISITS ONLY BY APPOINTMENT

FOR ALL OTHER VISITS

FROM MONDAY TO FRIDAY 9.00 -12.00 E 14.00 -
17.00

Wednesday 19.30 - 21.00

TEL. 02-58102599

MOBILE EMERGENCY SURGERY

LORENTEGGIO - Via Odazio only Monday from 10.30 to 18.30 subway INGANNI

STAZIONE CENTRALE - Via Boscovich (ang. Via Benedetto Marcello) only Wednesday and Friday from 10.30 to 18.30 subway LIMA

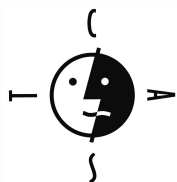
SAN SIRO - Piazzale Selinunte only Thursday from 10.30 to 18.30 subway LOTTO

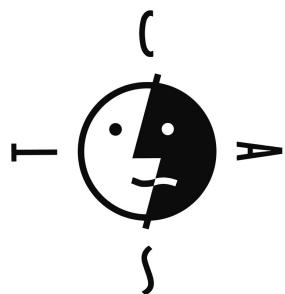
CALVAIRATE MOLISE - Via Emilio Faà di Bruno 1, only Tuesday from 10.30 to 18.30 Tram 16 /Linea 84-90-91 stop piazzale Cuoco

GENERAL MEDICINE AND HEALTH ORIENTATION

(they help you understand where to go)

TEL: +39 345 8327338 -
+39 344 1996250





AZIONE DI PROGETTO:
ACCOMPAGNAMENTO

otto
8 per mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PROGETTO "SIAMO TUTTI NOI"

PROGETTO SOSTENUTO CON I FONDI 8PER1000
CHIESA VALDESE

MEDICAL GUARD
FIRST AID DUTY
PHARMACIES

CITY OF MILAN

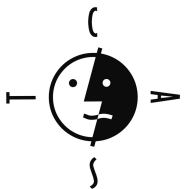
MEDICAL GUARD

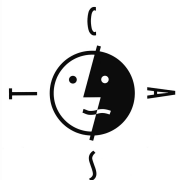
OR CONTINUITY OF CARE, YOU CAN ASK FOR NON-URGENT SERVICES BUT NEED TO BE ASSESSED BY A DOCTOR.

WHEN?

MONDAY TO FRIDAY FROM 20 PM TO 8:00 AM

SATURDAY SUNDAY AND HOLIDAYS ON 24 HOURS



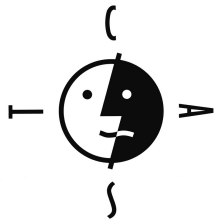


MEDICAL GUARD

WHO TO CALL?

SWITCHBOARD NUMBER 116117

IT DOES NOT PRESCRIBE RECIPES BUT CAN
GIVE DIRECTIONS TO THE PHONE, MAKE
HOME VISITS AND VISIT THE OUTPATIENT



EMERGENCY ROOM

FOR URGENT HEALTH SERVICES

WHEN?

ALWAYS AT EVERY MOMENT OF THE
DAY

WHO TO CALL?

SINGLE EMERGENCY NUMBER 112 OR
GO TO FIRST AID

EVERY HOSPITAL HAS ITS GENERIC
FIRST AID AND IN MILAN THESE ARE
SPECIFIC:

SPECIFIC FIRST AID

EYE EMERGENCY - Fatebenefratelli Hospital
Piazzale Principessa Clotilde, 3

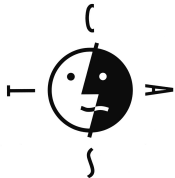
TEETH EMERGENCY - Via della Commenda 10
Polyclinic Hospital

SKIN EMERGENCY - Via Pace 9 Polyclinic Hospital

HEART EMERGENCY - Monzino Cardiology Center,
Via Elio Vittorini 12

TRAUMA EMERGENCY - Gaetano Pini VI
Quadronno Orthopedic Institute 25

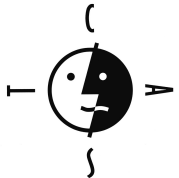
<https://www.regione.lombardia.it/wps/portal/istituzionale/HP/DetttaglioServizio/servizi-e-informazioni/Cittadini/salute-e-prevention/Emergenze-e-urgenze/salutale-pronto-soccorso>

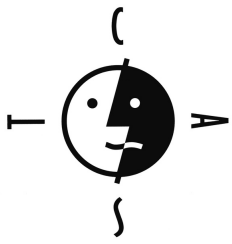


PHARMACIES ON DUTY

IF YOU NEED A MEDICINE IN THE
EVENING OR WHEN THE
PHARMACIES ARE CLOSED, LOOK
FOR THE PHARMACIES IN TURN
OPEN ON THIS SITE, I.E. THOSE
THAT ARE OPEN ON THAT DAY AND
TIME

<https://www.farmaciediturno.org/comune.asp?cod=15146>





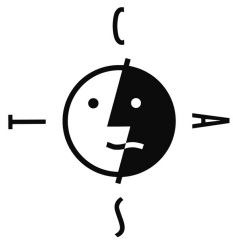
AZIONE DI PROGETTO: ACCOMPAGNAMENTO

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS 8PER1000
WALDENSIAN CHURCH

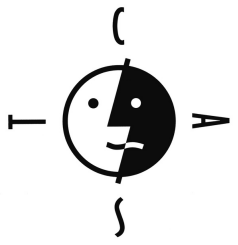
(UFFICIO SCELTA REVOCA)
REVOCATION CHOICE OFFICE



AZIONE DI PROGETTO: ACCOMPAGNAMENTO

WHAT CAN BE DONE?

- CHANGE THE GP
- REQUEST A DUPLICATE OF THE HEALTH CARD
- CHANGE IN PERSONAL DATA
- REQUEST / RENEWAL OF EXEMPTION (FOR PATHOLOGY, INCOME OR DISABILITY)



WHERE

IN PERSON:

LIST OF BRANCHES IN MILAN BY ZONE

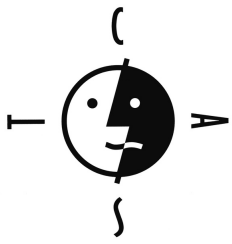
[HTTPS://WWW.SERVIZITERRITORIALI-
ASSTMILANO.IT/CERCA-SEDE/?](https://www.serviziterritoriali-asstmilano.it/cerca-sede/?)

[SERVICE=ISCRIZIONE-AL-SERVIZIO-SANITARIO-
REGIONALE-E-SCELTA-DEL-
MEDICO&ADDRESS=&AREA=](https://www.serviziterritoriali-asstmilano.it/cerca-sede/?service=iscrizione-al-servizio-sanitario-regionale-e-scelta-del-medico&address=&area=)

PLEASE NOTE TO BOOK AN APPOINTMENT YOU
GO THROUGH THE SITE

[HTTPS://PRENOTA.ZEROCODA.IT/](https://prenota.zerocoda.it/)

OR ONLINE THROUGH THIS PORTAL
: [HTTPS://SR.ASST-FBF-SACCO.IT/](https://sr.asst-fbf-sacco.it/)



AZIONE DI PROGETTO: ACCOMPAGNAMENTO

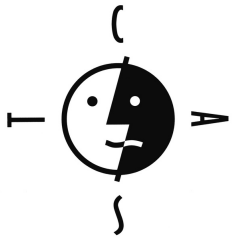
otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS 8PER1000
WALDENSIAN CHURCH

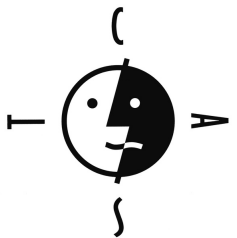
LOMBARDY REGION HEALTH FILE

(FASCICOLO SANITARIO REGIONE
LOMBARDIA)



WHAT CAN YOU DO?

- DOCTOR CHANGE
- REQUEST / RENEWAL OF
EXEMPTION
- BOOK MEDICAL
EXAMINATIONS
- SEE THE RESULTS OF
EXAMS AND VISITS

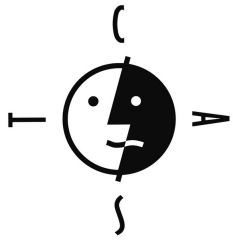


HOW?

-

[HTTPS://WWW.FASCICOLOANAGRAFICO.REGIONE.LOMBARDIA.IT/](https://www.fascicoloanagrafico.regione.lombardia.it/)

CAN BE ACCESSED VIA SPID
OR CIE (ELECTRONIC
IDENTITY CARD)

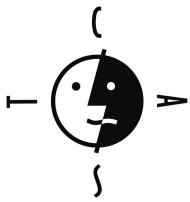


OTHER WAYS OF BOOKING

800.638.638, TOLL-FREE
LANDLINE NUMBER
02.99.95.99 FROM THE
MOBILE NETWORK, FOR A
FEE AT THE COST PROVIDED
FOR IN YOUR TARIFF PLAN.

IN PERSON:

- AT "CUP" OF THE VARIOUS
HOSPITALS / CLINICS
- IN THE PHARMACY



AZIONE DI PROGETTO: ACCOMPAGNAMENTO

otto
8per
mille
CHIESA VALDESE
promuove l'etica, la cultura e la vita

OTHER HEALTH INFO

VACCINATION CENTERS:

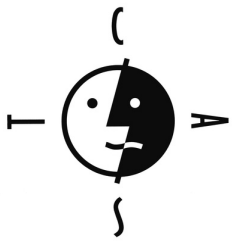
[HTTPS://WWW.SERVIZITERRITORIALI-
ASSTMILANO.IT/CERCA-SEDE/?
SERVICE=VACCINAZIONI&ADDRESS=&ARE
A=](https://www.serviziterritoriali-asstmilano.it/cerca-sede/?service=vaccinazioni&address=&area=)

FAMILY CONSULTANTS

[HTTPS://WWW.SERVIZITERRITORIALI-
ASSTMILANO.IT/CERCA-SEDE/?
SERVICE=CONSULTORI-
FAMILIARI&ADDRESS=&AREA=](https://www.serviziterritoriali-asstmilano.it/cerca-sede/?service=consultori-familiari&address=&area=)

SEXUALLY TRANSMITTED DISEASES
CENTER

[HTTPS://WWW.ATS-
MILANO.IT/PORTALE/ATS/CARTA-DEI-
SERVIZI/GUIDA-AI-SERVIZI/HIV-AIDS-
MALATTIE-A-TRASMISSIONE-SESSUALE](https://www.ats-milano.it/portale/ats/carta-dei-servizi/guida-ai-servizi/hiv-aids-malattie-a-trasmissione-sessuale)



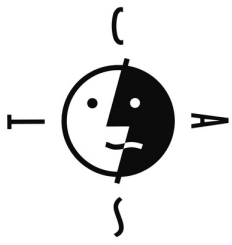
AZIONE DI PROGETTO: ACCOMPAGNAMENTO

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

SHOWER AND CLOTHES SERVICE
(CLOAKROOM)
CITY OF MILAN

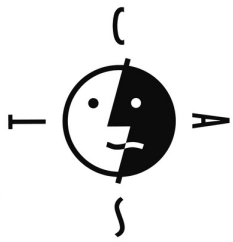


AZIONE DI PROGETTO: ACCOMPAGNAMENTO

MUNICIPAL PUBLIC SHOWERS

[HTTPS://WWW.COMUNE.MILANO.IT/SER
VIZI/DOCCE-PUBBLICHE](https://www.comune.milano.it/ser
vizi/docce-pubbliche)

HOURS: MONDAY TO FRIDAY, FROM
9:00 TO 15:30. SATURDAYS FROM 9:30
TO 15:30



AZIONE DI PROGETTO: ACCOMPAGNAMENTO

OPERA S. FRANCESCO – VIA KRAMER
(PASSANTE DATEO, TRAM 9, AUTOBUS 61, 54)

SHOWERS

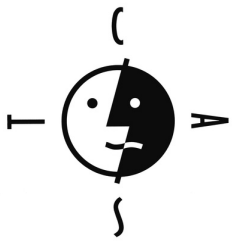
[HTTPS://OPERASANFRANCESCO.IT/COSA-
FACCIAMO/DOCCE/](https://operasanfrancesco.it/cosa-facciamo/docce/)

MAN: FROM MONDAY TO FRIDAY, FROM 11.00
TO 14.00 AND FROM 17.30 TO 20.00

CLOTHES SERVICE

[HTTPS://OPERASANFRANCESCO.IT/COSA-
FACCIAMO/GUARDAROA-OSF-A-MILANO/](https://operasanfrancesco.it/cosa-facciamo/guardaroba-osf-a-milano/)

FROM MONDAY TO FRIDAY
11.00 – 14.00 E 17.30 – 20.00



AZIONE DI PROGETTO: ACCOMPAGNAMENTO

SUORE DELLA MENSA –
VIA PONZIO 75 (MM PIOLA O LAMBRATE)

SHOWERS

[HTTPS://WWW.LESUOREDELLAMENSA.NET/DOCC](https://www.lesuoredeellamensa.net/docce)
[E](#)

THURSDAY AND SATURDAY FROM 08.00 TO
09.15

CLOTHES SERVICE
TUESDAY AND WEDNESDAY FROM 08.00 TO
09.15

LIST OF PARISHES THAT GIVE CLOTHES
[HTTP://WWW.MILANOAIUTA.ORG/VESTITI/](http://www.milanoaiuta.org/vestiti/)

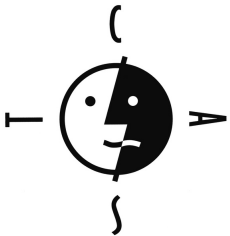
AZIONE DI PROGETTO: ACCOMPAGNAMENTO

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

CANTEEN AND FOOD
DISTRIBUTION

CITY OF MILAN



DAILY HOT MEAL TO BE CONSUMED ON SITE AFTER INTERVIEW AND MEMBERSHIP:

OPERA CARDINAL FERRARI

[HTTPS://WWW.OPERACARDINALFERRARI.IT/](https://www.operacardinalferrari.it/)

VIA GIOVANNI BATTISTA BOERI, 3

OPERA SAN FRANCESCO

[HTTPS://OPERASANFRANCESCO.IT/COSA-
FACCIAMO/MENSA/](https://operasanfrancesco.it/cosa-facciamo/mensa/)

CORSO CONCORDIA, 3 PRANZO E CENA.

RISTORANTE RUBENS

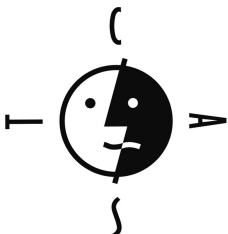
[HTTP://WWW.PROGETTORUBEN.IT/COME-
ACCEDERE/](http://www.progettoruben.it/come-accedere/) RISTORANTE A 1 EURO SOLO CENA

VIA FRANCESCO GONIN, 5

REFETTORIO AMBROSIANO

[HTTPS://REFETTORIOAMBROSIANO.IT/](https://refettorioambrosiano.it/)
PIAZZA GRECO, 11

SUORE DELLA MENSA – VIA PONZIO 75 (MM
PIOLA O LAMBRATE)



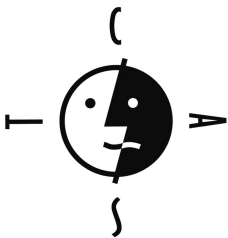
AZIONE DI PROGETTO: ACCOMPAGNAMENTO

COLD FOOD DISTRIBUTION

DAILY BREAD (BREAD, MILK, YOGHURT,
CHEESES, MEATS, PASTA, RICE, FRUIT,
VEGETABLES AND SWEETS) TO BE
CONSUMED AT HOME.

VIALE TOSCANA 28 OPENING HOURS 7.30-11
EVERY DAY, SUNDAY CLOSED

VIALE MONZA 335 (METRO VILLA SAN
GIOVANNI) FROM 9-11 EVERY DAY, CLOSED ON
SUNDAYS



FOOD TRUCK HOT FOOD DISTRIBUTION

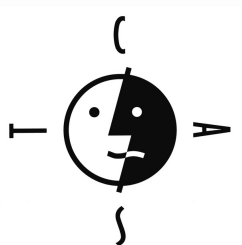
HOT MEAL TO BE COLLECTED AT THE VAN
WITHOUT AN INTERVIEW OR MEMBERSHIP

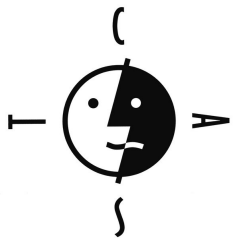
MUTUAL AID ASSOCIATION
[HTTPS://WWW.MUTUOSOCORSOMILANO.IT/](https://www.mutuosoccorso.milano.it/)

WEDNESDAY FROM 9.00 PM CENTRAL STATION
(MUSEUM OF THE SHOAH PIAZZA SAFRA 1 AND
END OF VIA PISANI)
MARTESANA
(VOLUNTEERS GO AROUND THE STREETS)

SUNDAY FROM 21:00 SAN BABILA
(VOLUNTEERS GO AROUND THE STREETS)

SUNDAY FROM 21:00 LAMBRATE
(IN FRONT OF THE STATION)



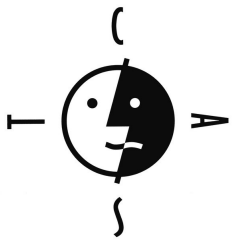


PROJECT ACTION: ACCOMPANIMENT

PROJECT "SIAMO TUTTI NOI

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

BOARDING HOUSE
CITY OF MILAN



PROJECT ACTION: ACCOMPANIMENT

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

DON SANDRO MEZZANOTTI

[HTTPS://CASAMEZZANOTTI.IT/](https://casamezzanotti.it/)

VIA U. FOGAGNOLO, 29 20099 SESTO SAN
GIOVANNI (MI) (MM SESTO RONDÒ)

TEL .: (+39) 02 240 1806

MOBILE: (+39) 338 843 1018

E-MAIL: INFO@CASAMEZZANOTTI.IT

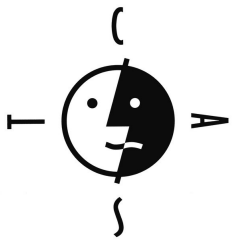
PENSIONATO DON ORIONE

VIALE CATERINA DA FORLÌ 19 20146 MILAN (MM
BANDE NERE)

TEL: +39 02 42 94 433

E-MAIL: CASADELGIOVANE@DONORIONEMILANO.IT

[HTTPS://CDGL.DONORIONEMILANO.IT/](https://cdgl.donorionemilano.it/)



PROJECT ACTION: ACCOMPANIMENT

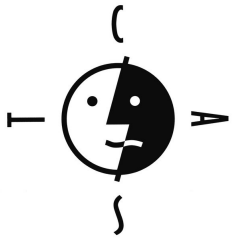
otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PENSIONATO BELLONI

S. CARLO FOUNDATION
VIA FULVIO TESTI 285 / A
TELEPHONE: 0266100974
PENSIONATOBELLONI@FONDAZIONESCARLO.IT

PENSIONATO MALE CALASANZIO

VIA DON CARLO GNOCCHI 18, 20148 MILAN
OFFICE HOURS: MONDAY - FRIDAY H. 8.30-12.30
13.30-17.00
WHATSAPP AND MOBILE 351.88.900.48
TEL: 02.406.694 02.406.298
MAIL: INFO@CALASANZIOMILANO.IT

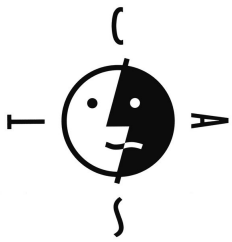


PROJECT ACTION: ACCOMPANIMENT

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

ENROLLMENT IN THE ITALIAN
LANGUAGE COURSE IN MILAN



PROJECT ACTION: ACCOMPANIMENT

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

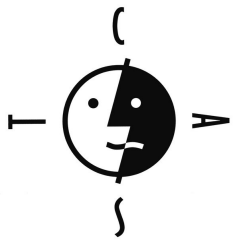
PUBLIC SCHOOL NETWORK WITH RESIDENCE PERMIT

[HTTPS://MILANO.ITALIANOSTRANIERI.ORG/#SEARCH_ROW_TARGET](https://milano.italianostranieri.org/#SEARCH_ROW_TARGET)

STATE - OFFICIALS

CPIA - ISSUE VALID CERTIFICATES FOR THE
POLICE HEADQUARTERS
TO ATTEND THEM YOU NEED TO BE IN
COMPLIANCE WITH THE DOCUMENTS.

THEY ARE FREE
AT THESE SCHOOLS YOU CAN ALSO ENROLL IN
COURSES TO ACHIEVE THE EIGHTH GRADE OR
TWO YEARS OF HIGH SCHOOL



PROJECT ACTION: ACCOMPANIMENT

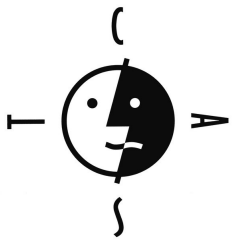
otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

PRIVATE SCHOOLS WITH RESIDENCE PERMIT

OTHERWISE YOU CAN LOOK FOR A COURSE AT
PAID PRIVATE SCHOOLS:

[HTTPS://MILANO.ITALIANOSTRANIERI.ORG/IT/SEARCH/TOP-
3#S=RC&FACETS=PARAMETRI:5298E1252A970376800
00072:PRIVATO%20\(11\)](https://MILANO.ITALIANOSTRANIERI.ORG/IT/SEARCH/TOP-3#S=RC&FACETS=PARAMETRI:5298E1252A97037680000072:PRIVATO%20(11))

ALWAYS WITH THE DOCUMENTS AND THAT THEY
ISSUE A CERTIFICATE



PROJECT ACTION: ACCOMPANIMENT

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

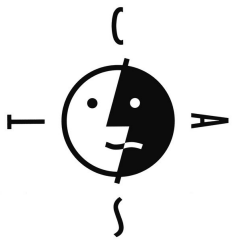
SCHOOLS NETWORK WITHOUT PERMIT

IF YOU ARE LOOKING FOR A PLACE TO TAKE A COURSE FOR FREE, CLOSE TO HOME AND THAT IS A MEETING PLACE THAT GOES BEYOND JUST THE SCHOOL, YOU CAN LOOK FOR ONE OF THOSE IN THE SCHOOLS WITHOUT PERMIT NETWORK.

[HTTP://WWW.SCUOLESENZAPERMESSO.ORG/SCUOLE-DELLA-RETE-SSP/](http://www.scuolesenzapermesso.org/scuole-della-rete-ssp/)

YOU CAN ATTEND THESE COURSES EVEN IF YOU DO NOT HAVE A REGULAR RESIDENCE PERMIT.

THERE ARE ALSO MANY COURSES FOR WOMEN ONLY.



PROJECT ACTION: ACCOMPANIMENT

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

OTHER REALITIES ON THE TERRITORY

FONDAZIONE VERGA IT OFFERS BOTH ITALIAN
LANGUAGE COURSES FOR ALL LEVELS AND BUSINESS
ITALIAN COURSES

[HTTPS://WWW.FONDAZIONEVERGA.ORG/](https://www.fondazioneverga.org/)

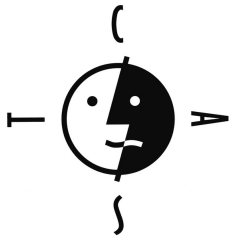
ISMU IN ADDITION TO THE ITALIAN LANGUAGE
COURSES THEY OFFER AN ITALIAN COURSE FOR THE
DRIVING LICENSE

[HTTP://PARLIAMOCICHIARO.ISMU.ORG/](http://parliamocichiaro.ismu.org/)
[CENTROCOME HTTP://WWW.CENTROCOME.IT/](http://www.centrocome.it/)

PARROCCHIE

[HTTPS://MILANO.ITALIANOSTRANIERI.ORG/IT/SEARCH/](https://milano.italianostranieri.org/it/search/top-3#S=RC&FACETS=PARAMETRI:52A6FDAA2A97031024000042:PARROCCHIE%20(45))
TOP-

3#S=RC&FACETS=PARAMETRI:52A6FDAA2A970310240000
42:PARROCCHIE%20(45)

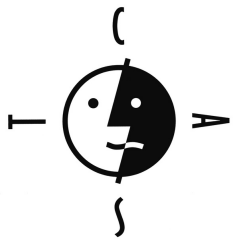


PROJECT ACTION: ACCOMPANIMENT

PROJECT "SIAMO TUTTI NOI

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

CAF(FISCAL ASSISTANCE
CENTER), PATRONATI AND TRADE
UNIONS



PROJECT ACTION: ACCOMPANIMENT

otto
8^{per}
mille
CHIESA VALDESE
UNIONE DELLE CHIESE METODISTE E VALDESE

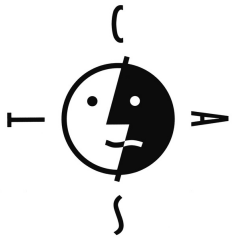
CAF FISCAL ASSISTANCE CENTER

DEALS WITH TAX ASSISTANCE AS
A TAX RETURN, ISEE,....

IT HAS A COST THAT VARIES
FROM EACH CAFÉ, BASICALLY
WITH A SINGLE ANNUAL
PAYMENT YOU CAN ACCESS ALL
THE SERVICES.

THE MAIN ONES IN ITALY ARE:

- ACLI
- CGIL



PATRONATI

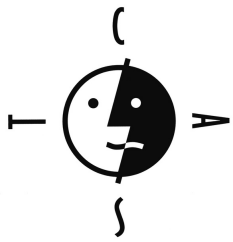
THEY DEAL WITH SOCIAL SECURITY
AND INDEMNITY PRACTICES SUCH AS

- PENSION (SENIORITY / INVALIDITY)
- CIVIL INVALIDITY
- ACCIDENTS AT WORK
- UNEMPLOYMENT APPLICATION AND INDEMNITY (NASPI)
- BONUS - FAMILY CHECKS

GENERALLY FREE, WITH SOME
EXCEPTIONS

THE MAIN ONES IN ITALY ARE:

- INCA (MANAGED BY CGIL)
- INAS (MANAGED BY CISL)
- ACLI



LABOR UNIONS

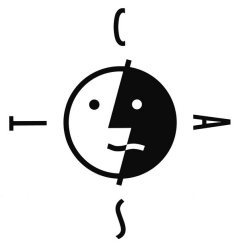
REPRESENTS AND DEFENDS THE RIGHTS OF WORKERS

- SIGNING OF AGREEMENTS ON NATIONAL CONTRACTS
- STRIKES
- DIALOGUE WITH THE GOVERNMENT FOR THE REQUESTS OF THE CATEGORIES
- PROCEDURES FOR COLLECTIVE DISMISSAL, REDUCTION OF HOURS

REGISTRATION - MEMBERSHIP CARD
VARIES FROM UNION TO UNION, IT IS USUALLY ABOUT 1% OF THE SALARY AND IS WITHHELD FROM THE PAYCHECKS

THE MAIN ONES IN ITALY ARE:

- CISL
- UIL
- CGIL
- COBAS (SCHOOL SECTOR)

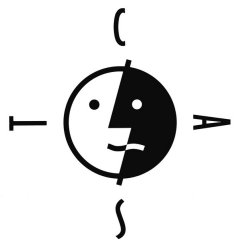


AZIONE DI PROGETTO: ACCOMPAGNAMENTO

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

MUNICIPAL WI FI, LIBRARIES
AND C.A.M. (MULTIFUNCTIONAL
AGGREGATION CENTERS)



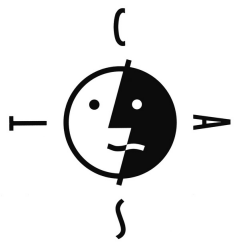
AZIONE DI PROGETTO: ACCOMPAGNAMENTO

MUNICIPAL WI FI

LIST OF FREE WI-FI ACCESSES IN THE
MUNICIPALITY OF MILAN

[HTTPS://WWW.COMUNE.MILANO.IT/SER
VIZI/WIFI-GRATUITO-DEL-COMUNE-DI-
MILANO](https://www.comune.milano.it/servizi/wifi-gratuito-del-comune-di-milano)

TO ACCESS YOU MUST HAVE A DIGITAL
IDENTITY (SPID) AND CONNECT
THROUGH THAT

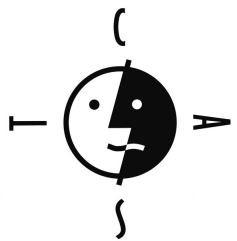


LIBRARIES

[HTTPS://MILANO.BIBLIOTECHE.IT/](https://milano.biblioteche.it/)

YOU CAN BORROW UP TO 20 BOOKS SIMULTANEOUSLY FOR 30 DAYS (1 MONTH AND CAN BE EXTENDED), YOU CAN USE THE STUDY ROOMS TO READ, YOU CAN GO TO THE LIBRARY TO READ NEWSPAPERS AND MAGAZINES. YOU CAN RENT A DVD OR MUSIC CD FOR 10 DAYS AND YOU CAN EXTEND IT. IN MANY LIBRARIES THERE ARE BOOKS IN THE LANGUAGE.

MANY MEETINGS ARE THEN ORGANIZED IN THE LIBRARIES WHICH YOU CAN ATTEND FOR FREE



C.A.M. (MULTIFUNCTIONAL AGGREGATION CENTERS)

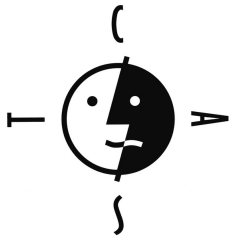
[HTTPS://WWW.COMUNE.MILANO.IT/SER
VIZI/CAM](https://www.comune.milano.it/ser
vizi/cam)

SPACES WHERE COURSES AND
OPPORTUNITIES FOR AGGREGATION ARE
OFFERED FREE OF CHARGE.

SOME COURSES YOU CAN FIND:

- GYMNASTICS - YOGA - DANCE
- FOREIGN LANGUAGES - INFORMATION
TECHNOLOGY
- THEATER - PAINTING / SCULPTURE -
MUSICAL - CULTURAL
(CINEMATOGRAPHY, ART HISTORY,
LITERATURE)

ON THE OCCASION OF THE MAIN
HOLIDAYS, PARTIES ARE ORGANIZED AND
OCCASIONALLY AND TRIPS.

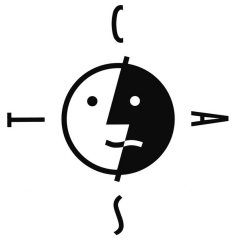


PROJECT ACTION: ACCOMPANIMENT

PROJECT "SIAMO TUTTI NOI"

PROJECT SUPPORTED WITH FUNDS
8X1000 WALDENSIAN CHURCH

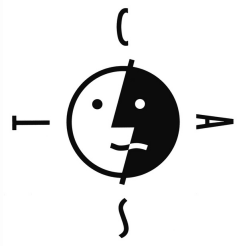
GETTING AROUND IN MILAN



PROJECT ACTION: ACCOMPANIMENT

PUBLIC TRANSPORT

TRAM
METROPOLITANE
AUTOBUS
PASSER -BY.LINE (TRAIN)



PROJECT ACTION: ACCOMPANIMENT

TRAM / METRO / BUS

FROM THE SITE OR WITH THE ATM (AZIENDA TRASPORTI MILANESI) APP IT IS POSSIBLE TO:

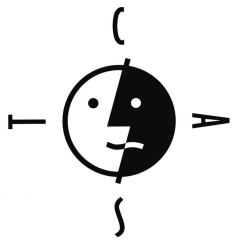
- CALCULATE THE BEST ROUTE TO TAKE
- SEE ARRIVAL TIMES IN REAL TIME
- WAITING FOR THE MEANS
- RELOAD THE SEASON TICKET OR BUY THE TICKET

TICKETS AND SEASON TICKETS CAN BE PURCHASED:

- AT THE MACHINES IN UNDERGROUND STATIONS
- ON NEWSSTANDS AND TOBACCONISTS
- AT THE ATM POINTS (IF THERE IS A PARTICULAR CASE)
- IT IS ALSO POSSIBLE TO BUY A SINGLE TICKET USING YOUR MOBILE PHONE BY SENDING AN SMS WITH ATM TEXT TO NUMBER 4844

FOR MORE INFORMATION

[HTTPS://WWW.ATM.IT/IT/PAGINE/DEFAULT.ASPX](https://www.atm.it/it/pagine/default.aspx)



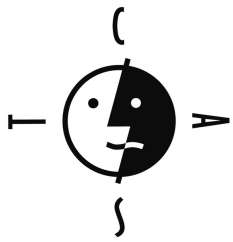
PASSER-BY LINE

BY PASSERBY WE MEAN THE REGIONAL RAILWAY LINE THAT RUNS THROUGH THE CITY OF MILAN ALSO FOR LINES THAT DEPART FROM THE HINTERLAND AND IS USED AS IF IT WERE A SUBWAY.

TO SEE THE TIMETABLES OF THE LINES:
[HTTPS://WWW.TRENORD.IT/](https://www.trenord.it/)

FROM THE APP IT IS POSSIBLE TO BUY THE TICKET, AS WELL AS IN THE TICKET OFFICES OF THE STATIONS, AT THE MACHINES.

TO MOVE AROUND THE CITY WITH THE PASSERBY, THE SEASON TICKET OR ATM TICKETS ARE VALID.



PROJECT ACTION: ACCOMPANIMENT

otto
8per
mille
CHIESA VALDESE
www.chiesa.ch

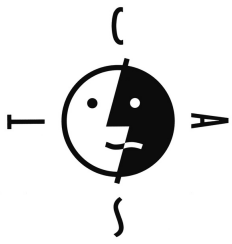
IO VIAGGIO IN LOMBARDIA

WHEN FOR A COMMUTE FOR DAILY OR OCCASIONAL WORK YOU TRAVEL BETWEEN DIFFERENT CITIES, IT IS POSSIBLE TO TAKE ADVANTAGE OF THE IO VIAGGIO IN LOMBARDIA TICKETS, IF AND WHEN IT IS CONVENIENT TO SAVE MONEY.

IN FACT, WITH A SINGLE TICKET YOU CAN TRAVEL ON THE ENTIRE TRANSPORT NETWORK OF THE ENTIRE REGION.

RATES ARE DAILY, MONTHLY OR YEARLY.

[HTTPS://WWW.REGIONE.LOMBARDIA.IT/WPS/
PORTAL/ISTITUZIONALE/HP/DETTAGLIOSERV
IZIO/SERVIZI-E-
INFORMAZIONI/CITTADINI/MUOVERSI-IN-
LOMBARDIA/BIGLIETTI-E-AGEVOLAZIONI/IO-
VIAGGIO/IO-VIAGGIO- EVERYWHERE-IN-
LOMBARDY-SUBSCRIPTION / I-TRAVEL-
EVERYWHERE-IN-LOMBARDY-SUBSCRIPTION](https://www.regione.lombardia.it/wps/portal/istituzionale/hp/dettaglio_servizi/servizi-e-informazioni/cittadini/muoversi-in-lombardia/biglietti-e-agevolazioni/io-viaggio/io-viaggio-everywhere-in-lombardy-subscription/i-travel-everywhere-in-lombardy-subscription)



PROJECT ACTION: ACCOMPANIMENT

CONCESSIONS

DISCOUNTS ARE AVAILABLE FOR BOTH ATM AND TRENORD.

FOR ATM VISIT

WWW.ATM.IT/VIAGGIACONNOI/PAGINE/GUIDEALSERVIZIO.ASPX

MORE INFORMATION PAGES 8 AND 9 OF THE FIRST FILE "ATM RATES"

FOR IO VIAGGIO REQUEST "I TRAVEL EVERYWHERE IN LOMBARDY SUBSIDIZED"

WWW.REGIONE.LOMBARDIAWPS/PORTAL/ISTITUZIONALE/HP/DETTAGLIOPROCEDIMENTO/SERVIZI-E-INFORMAZIONI/CITTADINI/MUOVERSI-IN-LOMBARDIA/BIGLIETTI-E-AGEVOLAZIONI/IO-VIAGGIO-AGEVOLATA/RICHIESTA-IVOL-AGEVOLATA/RICHIESTA-IVOL-AGEVOLATA